

# Chickpea & Quinoa Salad

## Ingredients

### for the salad

- 1 can chickpeas (rinsed and drained)
- 1 cucumber (chopped)
- 1 cup chopped cherry tomatoes
- 2 cups cooked quinoa
- 3 - 4 cups arugula

### for the dressing

- 4 tablespoon olive oil
- Juice of 2 lemon
- 2 teaspoon Dijon mustard
- 1 teaspoon garlic powder
- Salt & pepper to taste

Cook quinoa and let cool completely. Add salad dressing to cooled quinoa and mix. Add the remaining ingredients and stir until combined.