



## KAYAKING: PRIVATE LESSON

### Price / Season / Reservations

**Price:** 1 person = \$140, 2 people = \$110 per person, 3 people = \$100 pp, 4 people = \$90 pp. Youths age 12 and under get 20% discount. Maximum 4 people. Minimum age 10.

**Includes:** Guide, kayak, paddles, PFDs, waterproof fleece lined lap blanket, snacks, water.

**Season:** All year.

**Reservations:** Advance reservations required - Call 805-528-1080.

### Meeting Place / Time

**Place:** State Park Marina, 10 State Park Road, Morro Bay, CA.

**Time:** Variable. Might meet earlier on windy days.

**Approximate Total Lesson Time:** 2-2.5 hours. Average paddle time is 1.5-2 hours

### Itinerary

Morro Bay is an excellent place to learn how to kayak. The waters are typically not rough and our expert staff will coach you through all the basic skills, plus you'll learn about safely navigating and enjoying Morro Bay. For private lessons, we start with land based instruction and then proceed to water based instruction. After mastering the forward stroke and different turning techniques, we'll explore the bay and learn about tides, currents and mud flats (and how NOT to get stuck on mud flats – a common beginner's mistake here!). You'll also learn the best places to explore on your own. Note that we do not teach capsize and rescue techniques during the private lesson, nor do we teach the Eskimo roll. Capsizes are very rare on Morro Bay. Come learn how to kayak and enjoy Morro Bay with us! We use single kayaks and the minimum age is 10.

### Climate / Weather

The climate along the coast in Morro Bay is temperate year round, with daily high temperatures rarely exceeding the mid 50s to mid 70s range with most days having highs somewhere in the 60s. Spring days are often breezy and in summer there is often fog for at least part of the day. Fall tends to have the warmest and clearest weather. In winter we may encounter rain, but a significant number of winter days on the bay feature calm conditions and crystal clear air.



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